

2762

Composers: Curt & Tammy Worlock, RD#1 Box 119, Ilion, NY 13357 (315) 894-3801
Record: Warner Bros. 7-27686-A "Sincerely"/The Forester Sisters
Footwork: Opposite throughout. Woman's special instructions in parentheses
Level: Phase IV+2 (American Spin & Sailor Shuffles) SLOW JIVE Speed to 50
Sequence: INTRO - AA - BCD - BC(1-6) - INTER - A - ENDING

Meas INTRO

1 - 4 WAIT TRIPLE WHEEL 5

- 1 - 2 wait 3 PU notes plus 1/2 meas, R hnds joined M fcg wall, rk apt L, rec R; wheel rf L/R, L trng in twd ptr & tch her bk with L hnd(W wheel rf R/L, R trng away from ptr), cont rf wheel R/L, R trng away from ptr(W cont rf wheel L/R, L trng in twd ptr & tch his bk with L hnd);
- 3 - 4 repeat meas 2; cont rf wheel L/R, L trng in twd ptr & tch her bk with L hnd leading W to spin rf(W cont rf wheel R/L, R spinning rf on R to fc ptr), in pl R/L, R(W in pl L/R, L); (Make 1 complete turn)

PART A

1 - 8 JIVE WALKS SWIVEL WALKS THROWAWAY LINK ROCK RK BK REC PRETZEL TURN UNWRAP

- 1 - 2 scp rk bk L, rec R, fwd L/R, L; fwd R/L, R, fwd L, R;
- 3 - 4 fwd L, R placing each ft in front of the other, M in pl L/R, L(W pkup R/L, R); M fwd & sd R/L, R(W bk L/R, L), rk apt L, rec R;
- 5 - 6 small chasse fwd L/R, L trng rf to fc wall(W small chasse R/L, R trng rf to fc M & coh), blend cp chasse sd R/L, R; scp rk bk L, rec R, chasse sd & fwd L/R, L trng 1/2 rf(W lf)keeping M's L & W's R hnds joined;
- 7 - 8 chasse sd & fwd R/L, R trng 1/4 rf(W lf)to endsd by sd both fcg lod with joined hnds beh bk & M's R & W's L hnds extended twd lod, rk fwd L, rec R; retaining M's L & W's R hnds joined roll rlod L/R, L, R/L, R to end scp lod; (second time through end fcg ptr & wall in bfly)

PART B

1 - 8 SPANISH ARMS DOUBLE BASIC ROCK FALLAWAY THROWAWAY CL/PT CL/PT CHICKEN WALKS

- 1 - 2 rk apt L, rec R, fwd L/R, L trng 1/2 rf(W fwd R/L, R trng 1/4 lf to mom wrap rev); fwd R/L, R trng 1/2 rf(W sd L/R, L trng 3/4 rf), rk apt L, rec R;
- 3 - 4 fwd L/R, L trng 1/2 rf (W fwd R/L, R trng 1/4 lf to mom wrap lod), fwd R/L, R trng 1/2 rf(W sd L/R, L trng 3/4 rf); rk apt L, rec R, sd L/R, L;
- 5 - 6 sd R/L, R blend to cp, scp rk bk L, rec R; M in pl L/R, L(W pkup R/L, R), M fwd & sd R/L, R(W bk L/R, L)end lofp lod;
- 7 - 8 lead hnds joined & trailing arms extended to wall cl L/pt R sd look to wall,-, cl R/pt L sd look to ctr,-; bk L,R,L,R(W swiv fwd R,L,R,L);

PART C

1 - 7 CHG PL L TO R AMERICAN SPIN CHG HND BEH BK WINDMILL RK APT REC SIDE CLOSE

- 1 - 2 rk apt L, rec R, sd L/R, L trng 1/2 rf(W fwd R/L, R trng 3/4 lf under lead hnds); sd R/L, R blend to cp wall, scp rk bk L, rec R to fc ptr;
- 3 - 4 sd L/R, L spinning lf one full trn(W rf), sd R/L, R(variation to american spin in that both ptrs are spinning); rk apt L, rec R, slightly fwd L/R, L trng 1/2 lf(W fwd R/L, R trng 1/2 rf)as M chgs W's R hnd to his R hnd;
- 5 - 6 slightly bk R/L, R trng 1/2 lf(W sd L/R, L trng 1/2 rf)as M chgs W's R hnd to his L hnd beh his bk end lofp center, rk apt L, rec R to bfly; in pl L/R, L trng 1/2 lf with slight body incline to l(W sd R/L, R trng 1/2 lf), sd R/L, R trng 1/2 lf to fc wall body straightened(W in pl L/R, L trng 1/2 lf);
- 7 rk apt L, rec R, sd L, cl R;

PART D

1 - 8 4 SAILOR SHUFFLES RK BK REC (ROLL CHASSE)FC-FC BK-BK FC-FC RK BK REC (ROLL CHASSE)FC-FC CHG PL R TO L CHG PL L TO R

- 1 - 2 xLib/sd R, sd L(W xRib/sd L, sd R), xRib/sd L, sd R(W xLib/sd R, sd L); repeat meas 1 to semi;
- 3 - 4 rk bk L, rec R starting rf trn, sd L/R, L trng 1/2 rf(W lf); sd R/L, R trng 1/2 rf(W lf), sd L/R, L trng 1/2 rf(W lf)to lhop fcg rev;

- 5 - 6 rk bk R, rec L starting lf trm(W rf), sd R/L, R trng $\frac{1}{4}$ lf(W rf) to scp lod;
rk bk L, rec R, chasse L/R, L lead W to trm rf under joined hnds(W chaase
R/L, R trng $\frac{3}{4}$ rf);
- 7 - 8 fwd R/L, R(W bk L/R, L), rk apt L, rec R; sd L/R, L trng $\frac{1}{4}$ rf(W fwd R/L, R
trng $\frac{3}{4}$ lf under lead hnds), sd R/L, R to bfly fcg wall;

INTERLUDE

1 - 4 BASIC ROCK RK BK REC KICK STEP TWICE KICK BALL CHANGE SIDE DRAW CLOSE

1 - 2 repeat meas 4 & 5 of part b;;

3 - 4 in scp looking at ptr kick L twd lod(W R), fwd L, kick R twd lod(W L), fwd
R; kick L(W R)twd lod/take weight on ball of L, cl R, trng to fc ptr & wall
sd L, draw R to L & cl R; (Music retard for last $\frac{1}{2}$ of measure)

ENDING

1 - 5 TRIPLE WHEEL 5 RK APT REC LEFT LUNGE

1 - 4 coming to R hnds joined M fcg wall & starting with rk apt L, rec R, repeat
intro;;;, rk apt L, rec R bringing hnds in twd chest;

5 lunge sd L twd lod stretching l sd & extend arms slowly as you look at ptr
(W lunge sd R twd lod stretching right sd & extend arms);

NOTE: starting part a third time through you will rk apt L on word "you'll",
and rec R on word "be".



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